



Sole Sensations @ The North Spa

People all over the UK are experiencing the benefits of *Garra Rufa* fish Spa treatment. Using our bespoke system tanks allows clients to relax and have the ultimate fish pedicure.

The Doctor fish is the nickname given to the *Garra rufa* species of fish. *Garra rufa* occurs in the river basins of the Northern and Central Middle East, mainly in Turkey, Syria, Iraq and Iran. In non-medical contexts, *Garra rufa* is called the **reddish log sucker**. They live and breed in the outdoor pools of some Turkish spas, where they feed on the skin of patients with psoriasis and other skin ailments. The fish are like comb fishes in that they only consume the affected and dead areas of the skin, leaving the healthy skin to grow, bringing beneficial effects. Some patients have experienced complete cure of psoriasis after several treatments.



ONE PERSON:

15MINS-£10

20MINS-£13

30MINS-£18

2 PEOPLE

BOOKED IN TOGETHER

15MINS-£15

20MINS-£20

30MINS-£30

Fish Spa Feet Treat Package

20MINS FISH SPA, FOOT & LEG MASSAGE, FILE & POLISH

only £20 per person